

PINDAM

RELEVANT VERSES FROM GARUDA PURANA
EXPLAINED IN DETAIL

FIRST SIX PINDAM SRADDHAM

- मलिनश्राद्धसंज्ञानं पूर्वषोडशकं तथा
- स्थाने द्वारे चाद्धमार्गे चितायां शवहस्तके
- श्मशाने वासिभूतेभ्यः पञ्चमं प्रातिवेश्यकम्
- षष्ठं सञ्चयने प्रित्तं दश पिन्डा दशाहिकाः
- श्राद्ध षोडशैतत् प्रथमं परिकीर्तितम् ॐ हृल्लक्रहृल्ल

1. One at the place of death(entrance)
2. Then midway to the cremation ground
3. At the funeral pyre
4. In hands of the corpse
5. The fifth offered to the spirits in the cremation ground
6. The sixth at the collection of ashes

FIRST SIX PINDAM SRADDHAM EXPLAINED

एषु षट्सु विधिः प्रोक्तः श्राद्धेषु मलिनेषु ते
पडेव मरणस्थाने द्वारि चात्वारिके तथा
विश्रामे काष्ठ चयने तथा सञ्चयने खग
मृति स्थाने शवौ नाम भूमि सतुष्यति देवता ॐ इक्रद्धसत्तलद्ध

Procedure has been laid down for six sraddhas at six places at the place of death at the door at the crossroads at the place of rest on the wood pile and during the collection rites. The dead body is called lava at the place of death. The deity Earth is pleased.

यान्थो द्वारि भवत्तेन प्रीता स्याद्वास्तुदेवता
चत्वरे खेचरस्तेन तुष्येद्भृता दिदेवता

Its called pantha at the door, the deity Vastu is pleased. Its called Khecaraat the cross roads, the deity Bhuta is pleased

विश्रामे भूतसंज्ञोयं तुष्टास्तेन दिशो दशा
चितायां साधक इति सञ्चितौ प्रेत उच्यते

Its called bhuta in the resting place, the ten quarters are satisfied. Its Sadhaka on the pyre and preta at the collection rite

DAILY OFFERING OF
PINDAM
FOR 10 DAYS

10 DAYS PINDAM OFFERING EXPLAINED

- दग्धे देहे पुनर्देहमेव मुत्पद्यते खग
 - प्रथमेहिन यः पिन्डस्तेन मूर्द्धा प्रजायते
 - ग्रीवा स्कन्धौ द्वितीये च तृतीये हृदयं
 - चतुर्थेन भवेत्पृष्ठं पञ्चमे नाभिरेव च
 - षटं सप्तमे कटी गुह्यमुरु चाप्यष्टमे तथा
 - तालू पादौ च नवमे दशमेहिन क्षुधा भवेत् ऽम्बुल्लक्रसहस्रस्रङ्ख
- O bird when the dead body is cremated the subtle body takes shape.
 - With the pindam of the first day his head comes into being with the pindam of the second day his neck and shoulders form, third day his heart, fourth day his back, fifth day his navel, sixth day his waist, seventh day the private parts , eighth day the thighs, ninth day palate & feet and the tenth day a feeling of hunger comes into being.

16 PINDAMS
TO BE OFFERED
FOR THE
WHOLE YEAR

16 PINDAM CALCULATION

प्रति मासं प्रदातव्यं मृताहे या तिथिर्भवेत्
स मासः प्रथमो ज्ञेय इति वेदविदो विदुः

The day on which the death has occurred is the basis for all monthly and annual sraddhas.

शवहस्ते च यच्छ्राद्धं मृत्स्थाने द्विजासने
तदेव प्रथमं श्राद्धं तत् स्यादेका दशेहनि

That is the first sraddha which is performed at the hand of the dead or the spot of the dead. Eleven days should be counted from this date.

सा तिथिर्मासिके श्राद्धे मृतो यस्मिन् दिने नरः

For all monthly sraddhas the tithi falling on the day of death is the base.

MONTHLY
SRADDHAM
BASED ON TITHI
OF THE
DEPARTED

Garuda Purana Preta Kanda Chapter 5

The breakdown of when these pindas are offered are as follows:-

- The 1st Pinda :- Offered 15 days after the date of the funeral.
- The 2nd Pinda :- Offered one month after the date of the funeral.
- The 3rd Pinda :- Offered 45 days after the date of the funeral.
- The 4th Pinda :- Offered two months after the date of the funeral.
- The 5th Pinda :- Offered three months after the date of the funeral.
- The 6th Pinda :- Offered four months after the date of the funeral.
- The 7th Pinda :- Offered five months after the date of the funeral.
- The 8th Pinda :- Offered 5 ½ months after the date of the funeral.
- The 9th Pinda :- Offered six months after the date of the funeral.
- The 10th Pinda :- Offered seven months after the date of the funeral.
- The 11th Pinda :- Offered eight months after the date of the funeral.
- The 12th Pinda :- Offered nine months after the date of the funeral.
- The 13th Pinda :- Offered ten months after the date of the funeral.
- The 14th Pinda :- Offered eleven months after the date of the funeral.
- The 15th Pinda :- Offered 11 ¼ months after the date of the funeral.
- The 16th Pinda :- Offered 11 ½ months after the date of the funeral.

RATIONALE
FOR
ONE YEAR
16 PINDAMS

Garuda Purana 5.94

- स्वेन कर्मनिपाकेन देहान्तरगतोपि सन्
- Svena karmanipaakena dehaantaragatopi san
- पुराणि षोडशामुष्मिन्मार्गे तानि च मे श्रुणु
- Puraani shodashaamusmimaarge taani ca me shrunu

Garuda Purana 5.94 : Explanation

- On account of their own karma there are sixteen cities the deceased will travel.

RELEASED

Garuda Purana 26.19

- एतैः षोडशभिः श्राद्धैः प्रेतो मुक्तस्तु जायते
- Etaihi shodashabhihi sraaddahaihi preto muktasya jaayate

Garuda Purana 26.19 : Explanation

- If the sixteen sraddhas are performed he is released from pretahood.